

NDCL Physical Education (PE) Waiver

Notre Dame-Cathedral Latin School students may opt-out of Physical Education classes according to Section 3313.603 of the Ohio Revised Code. This policy permits students who have participated in NDCL interscholastic athletics, marching band, or cheerleading for **at least two full seasons**. Participation in only one (1) full season cannot be combined with 0.25 credit of PE to meet the PE requirement for graduation.

Students opting for this waiver will not be required to take 0.5 credit of PE for graduation. The waiver does not grant the student 0.5 credit; it only excuses the student from PE. The student must earn 0.5 credit in another elective in place of the PE credit.

The two full seasons must occur after June 1, 2023, the implementation date of the policy. Per the Ohio Revised Code, schools are not permitted to implement a retroactive policy. A season in which the student is "cut" or quits does not count toward the requirement of two full seasons. The two full seasons must be completed prior to the second semester of the student's senior year.

Other activities, that are non-school sponsored athletics, that involve physical activity on the part of the student, may not be counted toward the PE Waiver. The rule specifically limits the PE Waiver to interscholastic athletics, marching band, or cheerleading sponsored by the school.

Procedure for applying for a Physical Education Waiver

1. At course registration, the student must express his or her intent to use the PE waiver.
2. At the end of the season, the student must complete this form and submit it to the Counseling Department. The Counseling Department will verify with the Athletic Department that the student completed the full season.
3. Once the student has completed two (2) full seasons, the student's participation in PE will be waived.



Notre Dame-Cathedral Latin School Physical Education Waiver

Student Name: _____ **Graduation Year:** _____

Date: _____

This form must be completed and submitted to the Counseling Department at the end of the student's season. Once a student has submitted two forms, the student's Physical Education requirement will be waived.

Due to counseling by: Fall – Nov 15; Winter – March 15; Spring – May 15

Circle the completed sport or activity:

- | | | |
|-----------------|-------------------------------|---------------------|
| • Baseball | • Gymnastics | • Swimming & Diving |
| • Basketball | • Ice Hockey | • Tennis |
| • Bowling | • Lacrosse | • Track & Field |
| • Cheerleading | • Marching Band & Color Guard | • Volleyball |
| • Cross Country | • Soccer | • Wrestling |
| • Football | • Softball | |
| • Golf | | |

School year of the participation: _____

Student Signature Date

Parent Signature Date

Athletic Director Signature Date

Counselor Signature Date

Below to be completed by the counselor.

First season ☐

Second season ☐

PE Waiver granted ☐